



The Beanz Man Espresso Bar Cafe

Food Menu



Anytime

Bagel 'n Cream Cheese	2.95
Bagel 'n Cream Cheese with Smoked Salmon.....	6.95
Bagel 'n Ham 'n Cheese Pressed	3.50
Bagel 'n Egg 'n Cheese Pressed	2.95
Bagel 'n Egg 'n Cheese 'n Ham or Bacon (available on Ciabatta bread) Pressed	3.95
Oatmeal with Fruit & Nuts	2.95
Assorted Coffee Cakes, Loaves and Specials	2.50
Biscotti	1.25

Salads

Add Grilled Chicken to any Salad.....	1.95
Beanz Gourmet Salad.....	7.95
Fresh spring mix with tomatoes, olives, red onions, walnuts, dried cranberries, cucumber, mixed beanz & gorgonzola cheese with Balsamic Vinaigrette.	
Greek Salad	6.95
Fresh romaine lettuce with onions, olives, feta cheese, green pepper, cucumber & pepperoncini, topped with potato salad and Greek dressing.	
Caesar Salad	5.95
Fresh romaine lettuce with croutons, parmesan cheese with Caesar dressing.	
Mozzarella Caprese	6.95
Sliced mozzarella and tomato with basil drizzled with Balsamic Vinaigrette on a bed of spring mix.	
Vegetarian Trio	6.95
Hummus, 7 grain salad and couscous served with tomatoes and cucumber.	

Soup

Bowl.....	4.50	Cup.....	3.25
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Panini's

Prosciutto & Fontina Cheese	7.95
On Ciabatta bread with potato salad or chips.	
Fresh Mozzarella, Tomato & Basil	6.95
On Baguette with spring mix salad or chips	
Tuna Melt with Avocado and Fontina Cheese.....	7.95
Albacore Tuna on Ciabatta bread with potato salad or chips.	
Hot Pastrami with Provolone	7.95
On Marble Rye bread with potato salad or chips.	
Reuben	7.95
On Marble Rye bread with potato salad or chips.	

Sandwiches



Tuna Salad & Provolone.....	6.95
Albacore Tuna on Eleven Grain bread with potato salad or chips.	
Chicken Salad	6.95
Chicken breast mixed with grapes and walnuts, on Eleven Grain bread with potato salad or chips.	
Turkey (Honey Glazed) & Provolone	6.95
On Eleven Grain bread with potato salad or chips.	
Ham & Provolone	6.95
On Eleven Grain bread with potato salad or chips.	
BLT.....	5.95
On Hearty White bread with potato salad or chips.	

Grilled Cheese	4.95
Served with potato salad or chips.	

Peanut Butter and Jelly	3.95
Served with chips.	

Platters

Tuna Salad Platter	7.50
Albacore Tuna served on bed of spring mix accompanied with tomatoes, cucumbers and flat bread.	
Chicken Salad Platter	7.50
Made with chicken breast mixed with grapes and walnuts, served on bed of spring mix accompanied with tomatoes, cucumbers and flat bread.	

Grilled Chicken	7.50
Served with 7 grain salad, couscous and flat bread.	

Hummus Platter	6.95
Served with olives, pickle and flat bread.	

Lunch Combos

Cup of Soup and 1/2 Sandwich.....	6.95
1/2 Salad and 1/2 Sandwich	6.95
Cup of Soup and 1/2 Salad.....	6.95

Desserts

Assorted Gourmet Selections	3.95
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The Beanz Man Espresso Bar Cafe

Coffee and Drinks Menu

Whole Milk • Skim Milk • Soy Milk
most coffees available in regular and decaf

Espresso

	12 oz	16 oz
single	1.75	2.25
double	2.25	2.75
Latte.....	2.95	3.50
Cappuccino	2.95	3.50
Mocha Latte	3.45	3.95
Mochaccino	3.45	3.95
Decaf Mochaccino	3.45	3.95
Americano	1.75	2.50
Macchiato (espresso with foam)	1.95	2.50

Coffee

	12 oz	16 oz
House Gourmet Coffee	1.75	2.25
Decaf Gourmet Coffee.....	1.75	2.25
Flavor Coffee of the Day	1.95	2.50
Iced Coffee	1.75	2.25

Tea

	12 oz	16 oz	20 oz
Chai Tea Latte (hot or iced)	2.95	3.50	4.00
Iced Tea	1.50		
Organic "Choice" Specialty			
Teas & Black Tea	1.75		

Chocolate

Hot Chocolate	1.75
White Hot Chocolate.....	1.75
made with fresh chocolate sauce	

Frozen/Frappe

	16 oz	20 oz
Latte.....	3.45	3.95
Mocha	3.45	3.95
Extreme Toffee Coffee	3.45	3.95
Caramel.....	3.45	3.95
Pistachio.....	3.45	3.95
Decaf Mocha Glacier.....	3.45	3.95

Lactose Free

	16 oz	20 oz
French Vanilla	3.45	3.95
Double Fudge Mocha	3.45	3.95

Syrup Flavors

35¢ per shot

- Almond
- Caramel
- Chocolate
- Chocolate Milano
- Cinnamon
- Dark Chocolate
- Hazelnut
- Honey Vanilla
- Irish Cream
- Tiramisu
- Vanilla
- White Chocolate

Sugar Free

- Almond
- Caramel
- French Vanilla
- Hazelnut

Smoothies

	16 oz	20 oz
Banana Strawberry	3.45	3.95
Mango	3.45	3.95
Piña Colada	3.45	3.95
Wild Berries.....	3.45	3.95
Super Fruit with Acai Berry	3.45	3.95



DAILY Lunch, Coffee and Smoothie SPECIALS!